

Platz	Nummer	Name	Ort	Altersklasse	Schwimmen	Rad	Laufen	Gesamt
1	80	Reno Mizera	Güstrow	M18	00:17:57,890	00:38:33,757	00:32:36,193	01:29:07,390
1	5	Alexander Au	HSG Uni Greifswald	M25	00:14:35,199	00:30:50,621	00:18:27,142	01:03:52,962
2	70	Klaus Maciej	Pommernwölfe	M25	00:14:54,496	00:34:24,990	00:22:04,224	01:11:23,710
3	154	Martin Meißner		M25	00:17:19,375	00:33:10,552	00:21:47,119	01:12:17,460
4	49	Frank Julius	TC FIKO Rostock	M25	00:16:30,294	00:33:56,706	00:22:15,363	01:12:42,363
5	46	Danilo Hornauer		M25	00:18:05,481	00:33:14,157	00:22:48,362	01:14:08,000
6	163	Mario Komm		M25	00:19:41,479	00:34:25,330	00:21:02,225	01:15:09,340
7	24	Tobias Deschang		M25	00:18:28,204	00:34:29,125	00:22:34,447	01:15:31,776
8	153	Björn Schürke		M25	00:17:35,578	00:35:24,422	00:26:37,199	01:19:37,199
9	25	Felix Döscher		M25	00:17:51,891	00:39:10,380	00:24:45,977	01:21:48,248
10	48	Jörg-Christian Jenssen		M25	00:15:20,000	00:41:47,388	00:27:04,476	01:24:11,864
1	128	Thomas Winkelmann	Tri Team triZack Rostock	M30	00:10:30,260	00:29:23,250	00:17:06,949	00:57:00,000
2	96	Robert Prahl	Trisport Schwerin	M30	00:11:05,958	00:29:44,456	00:19:10,204	01:00:00,618
3	2	Felix Dittberner	Tri-Sport Schwerin e.V.	M30	00:10:50,886	00:29:48,652	00:20:00,616	01:00:40,154
4	127	Stefan Wegner	HSG Uni Greifswald	M30	00:11:22,241	00:30:38,904	00:20:05,944	01:02:07,890
5	100	Stephan Quest		M30	00:12:18,000	00:32:02,826	00:20:03,401	01:04:24,227
6	114	Tom Schuldt	WSV Neustrelitz	M30	00:12:44,559	00:31:58,880	00:20:33,884	01:05:17,323
7	155	Thomas Geyer		M30	00:17:05,465	00:30:20,317	00:20:02,790	01:07:27,861
8	40	Christoph Haack		M30	00:18:02,186	00:33:25,434	00:20:09,380	01:11:37,000
9	122	Sascha Trutt		M30	00:17:32,303	00:33:50,280	00:21:55,201	01:13:17,784
10	55	Steffen Klatte		M30	00:14:40,256	00:33:19,896	00:25:26,174	01:13:26,326
11	43	Sebastian Hillmann	Tri Punk	M30	00:16:50,954	00:33:29,460	00:23:31,883	01:13:51,883
12	125	Norman von Rechenberg	SportSupreme	M30	00:16:41,861	00:34:47,682	00:23:52,419	01:15:21,962
13	117	Jan Schweitzer	DLRG Rostock	M30	00:14:27,477	00:35:38,295	00:26:02,357	01:16:08,129
14	157	Martin Jantzen		M30	00:18:39,000	00:35:54,467	00:24:14,410	01:18:47,508
15	34	Mike Gehrhardt	Big Cock Racing	M30	00:18:22,756	00:37:54,580	00:25:40,950	01:21:57,431
16	123	Frank Tschersich	Laufgruppe Schwerin e.V.	M30	00:24:37,445	00:36:33,333	00:21:59,898	01:23:10,676
17	73	Martin Märker		M30	00:21:22,354	00:43:42,982	00:33:21,157	01:38:26,493
1	72	André Mack	Radattacke Wismar	M35	00:13:10,327	00:31:55,113	00:19:37,574	01:04:43,140
2	113	Martin Schütt	TG triZack	M35	00:14:15,170	00:31:30,979	00:19:43,482	01:05:29,631
3	162	Reik Hellwig		M35	00:15:21,385	00:30:10,473	00:20:50,749	01:06:22,607
4	108	Maik Schmidt		M35	00:14:12,546	00:31:28,850	00:20:43,328	01:06:23,959
5	84	Robert Müller	TC FIKO Rostock	M35	00:14:08,841	00:31:47,543	00:20:32,201	01:06:28,585
6	99	Jens Quandt		M35	00:12:40,373	00:34:46,721	00:21:50,625	01:09:17,719
7	104	Sascha Schommler	Tri Sport Schwerin	M35	00:14:41,828	00:32:34,901	00:22:48,628	01:10:05,357
8	62	Stephan Kramer	Tri Fun Güstrow	M35	00:15:33,242	00:32:28,100	00:23:19,262	01:11:20,505
9	160	Daniel Sartow		M35	00:13:32,548	00:34:33,262	00:23:29,516	01:11:35,326
10	126	Peter Wagner	TC FIKO Rostock	M35	00:15:46,651	00:34:06,132	00:24:43,854	01:14:36,637
11	35	Andy Gerhardt	TSV 90 Röbel/Müritz	M35	00:18:55,933	00:36:02,149	00:22:43,141	01:17:41,223
12	63	Andreas Kruse		M35	00:20:17,711	00:35:09,233	00:24:12,489	01:19:39,433
13	92	Marcus Plack		M35	00:20:18,723	00:35:11,596	00:24:19,428	01:19:49,747
14	37	Jenns Golzow	HSG Uni Greifswald	M35	00:20:11,702	00:37:40,000	00:25:03,298	01:22:55,000
15	103	Robert Sagl	Trisport Stove e.v	M35	00:19:39,150	00:39:40,243	00:26:08,465	01:25:27,723
16	29	Dirk Erxleben	Tri Fun Güstrow	M35	00:19:33,878	00:41:23,601	00:27:08,612	01:28:06,910
17	156	Andreas Brietzke		M35	00:18:39,000	00:42:15,655	00:30:33,687	01:31:28,342
1	83	Takao Mühlme	HSG Uni Greifswald	M40	00:13:30,796	00:31:08,176	00:19:49,230	01:04:28,202
2	32	Olaf Gärtner	MSV TRIPOINT Frankfurt (Oder)	M40	00:14:10,383	00:31:52,470	00:20:42,266	01:06:45,119
3	14	Michael Boden	LSV Teterow	M40	00:15:15,997	00:32:57,464	00:19:33,687	01:07:47,148
4	124	Maik Ulke	TriFun Güstrow	M40	00:15:14,525	00:31:46,311	00:21:28,383	01:08:29,219
5	26	Marco Duesterbeck	Ruppiner Triathlon Verein	M40	00:13:54,160	00:31:39,771	00:23:17,269	01:08:51,200
6	33	Marko Garbrecht	Tri Sport Schwerin	M40	00:13:57,995	00:34:42,975	00:21:11,248	01:09:52,218
7	151	Stefan Erdmann		M40	00:15:51,488	00:32:57,300	00:22:55,848	01:11:44,339
8	23	Alexander Deißler	Trisport Schwerin	M40	00:16:46,728	00:30:43,561	00:24:23,164	01:11:53,453
9	161	Stephan Rambow		M40	00:16:23,745	00:32:40,989	00:23:57,170	01:13:01,751
10	116	Heiko Schwanz		M40	00:16:38,326	00:32:57,333	00:25:41,216	01:15:16,875
11	39	Uwe Greiner		M40	00:15:12,973	00:34:45,979	00:25:45,973	01:15:44,925
12	1	Robert Arndt	TC Fiko Rostock	M40	00:18:19,731	00:34:27,624	00:22:58,602	01:15:45,957
1	10	Christian Becker	Trisport Schwerin	M45	00:12:20,445	00:30:08,540	00:21:38,327	01:04:07,312
2	115	Jan Schulenburg	Rostocker Jumpy	M45	00:12:14,717	00:31:54,613	00:21:57,130	01:06:06,343
3	19	Ralf Buchner	Tri Fun Güstrow	M45	00:13:08,183	00:32:36,654	00:21:21,382	01:07:06,219
4	132	Heiko Ziemainz	TV1848 Erlangen	M45	00:13:21,773	00:32:20,530	00:23:17,139	01:08:59,442
5	95	Andreas Polster		M45	00:15:10,529	00:32:08,974	00:22:02,131	01:09:21,634
6	58	Thomas Kohlen		M45	00:14:07,839	00:33:49,158	00:21:58,426	01:09:55,423
7	60	André Koula	Tri Fun Güstrow	M45	00:14:56,970	00:32:37,414	00:23:00,856	01:10:35,240
8	50	Ingo Kalkbrenner	Post Neubrandenburg	M45	00:16:26,819	00:32:31,560	00:21:40,169	01:10:38,440
9	101	Jens Ridder	TC FIKO Rostock	M45	00:13:34,291	00:33:58,371	00:23:49,526	01:11:22,188
10	121	Jörg Steinhöfel	HSV Neubrandenburg	M45	00:15:55,424	00:33:25,173	00:22:11,695	01:11:32,292
11	90	Andreas Peter	Radgiganten	M45	00:16:44,695	00:33:12,855	00:21:43,725	01:11:41,275
12	76	Carsten Matthies	Staaken	M45	00:15:20,000	00:35:01,675	00:22:10,633	01:12:32,308
13	131	Arian Zerbel	TC Fiko Rostock	M45	00:17:45,152	00:33:59,753	00:22:29,931	01:14:14,836
14	158	Holger Warnicke		M45	00:13:01,454	00:39:29,307	00:24:25,928	01:16:56,689
15	42	Frank Hilbrecht	TurBi(e)ne Wismar	M45	00:17:53,984	00:36:50,289	00:22:15,780	01:17:00,530
16	17	Harry brandt	rostocker kanu club	M45	00:18:39,990	00:35:29,873	00:24:23,324	01:18:32,296
17	86	Holger Nauenburg		M45	00:16:35,502	00:33:26,775	00:28:34,255	01:18:36,532
18	79	Maik Mizera	Güstrow	M45	00:15:06,934	00:35:33,127	00:28:05,855	01:18:45,916
19	69	Arne Lüsich		M45	00:20:13,495	00:34:00,514	00:24:56,292	01:19:10,301
20	133	Herr Holdt	Wismar	M45	00:20:38,361	01:00:52,161	00:00:04,478	01:21:35,000
21	54	Bernd Kiel		M45	00:16:02,895	00:38:32,440	00:28:34,850	01:23:09,240
22	31	René Franke		M45	00:18:40,121	00:37:16,716	00:27:21,731	01:23:18,568

23	57	Jens Köpcke		M45	00:22:37,310	00:44:37,971	00:27:13,900	01:34:28,902
1	38	Detlef Grambow	Tri Sport Schwerin	M50	00:11:58,283	00:34:03,548	00:22:20,858	01:08:22,689
2	78	Andreas Millat	TC FIKO Rostock	M50	00:15:35,550	00:33:12,740	00:22:50,961	01:11:38,900
3	134	Henrick Bernd	Trifun Güstrow	M50	00:15:05,572	00:34:50,196	00:22:34,788	01:12:30,556
4	93	Erhard Pöhl	TriFun Güstrow	M50	00:17:16,661	00:32:46,888	00:23:37,428	01:13:40,977
5	110	Axel Schmidt	TC FIKO Rostock	M50	00:14:20,137	00:36:04,803	00:24:40,398	01:15:05,338
6	61	Fred Kowalk	SV HK Stralsund	M50	00:15:47,823	00:02:49,494	00:57:13,587	01:15:50,904
7	89	Jens Perleberg		M50	00:15:53,421	00:36:50,659	00:26:06,833	01:18:50,913
8	20	Andre Budzien		M50	00:18:01,535	00:34:41,443	00:26:47,101	01:19:30,790
9	109	Jörg Schmidt		M50	00:17:55,887	00:37:05,390	00:26:21,694	01:21:22,971
10	22	Maik David	Wismar	M50	00:22:21,950	00:37:10,898	00:22:37,532	01:22:10,380
11	52	Ingo Karabinski	DLRG Stralsund	M50	00:15:00,325	00:36:33,193	00:30:50,291	01:22:23,809
12	94	Roland Pöschmann	Katerschmiede Sasse-Bäumler	M50	00:22:20,498	00:38:05,666	00:25:19,465	01:25:45,629
13	16	Alfons Börger		M50	00:23:08,857	00:37:35,944	00:25:32,554	01:26:17,355
14	47	Michael Jahn		M50	00:23:12,352	00:46:11,636	00:32:01,422	01:41:25,410
1	71	Michael Maciej	Pommernwölfe	M55	00:15:20,000	00:35:20,943	00:24:13,850	01:14:54,793
2	81	René Mödebeck	Bad Doberaner SV'90 e.V	M55	00:19:43,432	00:33:46,568	00:23:15,222	01:16:45,222
3	4	Lutz Aßmann	Neustrelitz	M55	00:18:49,905	00:36:14,747	00:25:01,779	01:20:06,431
4	75	Stephan Malorny	FC Förderkader René Schneider	M55	00:20:14,787	00:35:31,425	00:24:22,262	01:20:08,474
5	21	Jörg Bußmann	Tri Fun Güstrow	M55	00:22:38,514	00:37:12,730	00:26:38,709	01:26:29,953
6	77	Ramon Meißner		M55	00:20:41,726	00:41:13,857	00:28:00,606	01:29:56,189
1	41	Roland Herrmann	TriFun Güstrow	M60	00:18:13,943	00:36:32,883	00:24:15,543	01:19:02,369
2	85	Rüdiger Müller	Trisport Schwerin	M60	00:15:29,246	00:37:29,795	00:27:06,279	01:20:05,320
3	11	Eckhard Beckmann		M60	00:21:12,320	00:38:09,712	00:29:51,796	01:29:13,828
1	67	Wolfgang Lierow	TriFun Güstrow	M65	00:18:37,317	00:33:12,540	00:26:06,362	01:17:55,733
2	74	Alfred Mahne	HSG Uni Greifswald	M65	00:19:42,190	00:36:08,779	00:26:20,532	01:22:11,501
1	141	Andreas Grunau	Müritzsportclub e.V.	Staffel	00:13:59,527	00:31:20,895	00:19:09,583	01:04:30,500
2	138	Michael Fischer		Staffel	00:15:20,000	00:30:10,727	00:19:44,903	01:05:15,630
3	136	Dorit Große-Freese		Staffel	00:12:16,580	00:36:03,251	00:20:08,558	01:08:27,867
4	140	Astrid Grambow	Tri Sport Schwerin	Staffel	00:11:56,771	00:32:34,230	00:25:07,257	01:09:38,258
5	148	Axel Schmidt		Staffel	00:12:01,770	00:36:50,278	00:21:08,394	01:09:59,749
6	135	Jörg Buddenhagen		Staffel	00:12:17,130	00:38:18,145	00:23:27,243	01:14:02,518
7	147	Volker Raddatz		Staffel	00:17:48,316	00:35:11,684	00:21:17,650	01:14:17,650
8	145	Heiko Mraz	Müritzsportclub	Staffel	00:11:43,251	00:41:16,749	00:21:53,812	01:14:53,812
9	143	Felix Kunz		Staffel	00:17:31,122	00:31:39,691	00:27:00,530	01:16:11,343
10	137	Luise Fels		Staffel	00:13:49,843	00:38:15,701	00:24:39,698	01:16:45,242
11	139	Hannah Gomollok		Staffel	00:13:48,672	00:35:48,609	00:28:05,644	01:17:42,925
12	150	Staffel Com In		Staffel	00:17:46,834	00:34:23,908	00:25:40,585	01:17:51,327
13	144	Willi Meyer	Mecklenburger Berglöwen	Staffel	00:17:37,571	00:37:31,527	00:22:56,810	01:18:05,908
14	146	Dirk Ohde		Staffel	00:16:12,709	00:34:40,672	00:27:21,630	01:18:15,110
15	152	Zahn &Putschun		Staffel	00:18:54,361	00:37:49,814	00:23:30,568	01:20:14,743
16	149	Torsten Uhl		Staffel	00:15:31,279	00:35:18,960	00:30:23,201	01:21:12,576
17	142	Justine Hetzke	Güstrow	Staffel	00:16:48,731	00:40:01,162	00:26:39,981	01:23:29,874
18	59	Imke Breuer		Staffel	00:17:50,449	00:49:09,551	00:22:06,570	01:29:06,570
1	97	Jette Purwin		W16	00:14:51,210	00:38:08,979	00:25:19,458	01:18:19,458
1	68	Anne-Kathrin Litzenberg	Tri Fun Güstrow	W20	00:14:04,840	00:34:13,913	00:20:36,668	01:08:54,665
2	53	Janin Kassner	TuS Hasede	W20	00:12:57,318	00:40:15,463	00:29:27,962	01:22:40,743
3	98	Lina Purwin		W20	00:15:40,703	00:39:32,141	00:28:07,686	01:23:20,530
1	27	Maike Elborg		W25	00:19:49,781	00:41:55,560	00:25:32,754	01:27:17,591
2	112	Christin Schreiber	trizack Rostock e.V	W25	00:18:09,527	00:40:56,602	00:29:50,240	01:28:56,153
3	3	Dana Aßmann	Neustrelitz	W25	00:19:31,815	00:40:41,200	00:30:58,783	01:31:11,618
1	8	Anne Bauer		W30	00:15:57,607	00:38:44,753	00:23:28,265	01:18:10,625
1	88	Cornelia Neumann	Tri Fun Güstrow	W35	00:18:44,477	00:38:01,581	00:28:20,305	01:25:06,363
1	107	Elke Schlempp	TC Fiko Rostock	W40	00:14:13,227	00:37:51,306	00:25:18,530	01:17:22,586
2	120	Michaela Stecher		W40	00:17:12,440	00:39:16,989	00:25:45,442	01:22:14,475
3	51	Dörte Kamrau	TriZack	W40	00:13:13,882	00:41:07,388	00:31:57,760	01:26:18,346
4	36	Tina Geske		W40	00:22:39,946	00:47:45,179	00:29:22,635	01:39:47,760
1	111	Ulrike Schomann	TriSport Schwerin	W45	00:18:10,170	00:36:57,609	00:24:26,699	01:19:34,325
2	118	Maren Sprögel	Psychoflitzer	W45	00:21:00,122	00:41:17,342	00:27:57,843	01:30:15,307
1	18	Britta Rossow	HSG Uni Greifswald	W50	00:19:21,270	00:42:03,198	00:30:58,322	01:32:22,790